



Medway Foodbank

- Emergency food for
local people in a crisis

www.medway.foodbank.org.uk



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***'You are
only a pay
cheque away
from crisis.'***



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The Need in Medway Indices of Deprivation 2010

- 65th most deprived Local Authority out of 325 nationally for income.
- **Income deprivation** affects 35,754 people in Medway.
- Chatham Central is ranked in the 4% most income deprived nationally.
- **Child poverty** is most severe in Gillingham North, Luton & Wayfield and Chatham Central. Parts of Gillingham North are ranked within the 3% most deprived areas nationally.
- Worsening of **elderly poverty** in Medway since 2007 with most severe cases in Medway's most deprived areas.

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Medway Model

- One overarching organisation
- Central coordination of main functions
- Local foodbank outlets

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Some Key Points

- Food is given by the general public
- Food Boxes are sized according to the household and provide for 3 days' needs
- The Foodbank Centre provides food via a voucher system
- Drop-in Centres sign post clients to appropriate support agencies

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Customers Are Given Shopping Lists



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THE FOOD BANK SHOPPING LIST

- Breakfast Cereal*
- Dried pasta*
- Orange juice (carton)*
- Soup: tinned or dry*
- Sugar*
- Tea bags*
- Tinned meat*
- Tinned tuna*
- Tinned baked beans*
- Tinned vegetables*
- Tinned fruit*
- Tinned rice pudding*
- Tinned tomatoes*

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Voucher referral agents

- Health visitors
- Social workers
- Church pastoral workers
- Doctors surgeries
- Schools
- Carers
- Childrens Centres
- Care Centres

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The Foodbanks also provide or signpost to -

- **Advocacy**
- **Debt Counseling**
- **Health issues**
- **Housing Support**
- **Legal Advice**
- **Learning Advice**



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A Foodbank in Your Town? Some Key Considerations

- What is being done already?
- Who can you work with?
- Resources needed - volunteers, space, venue, some funds
- The Trussell Trust. A fantastic template exists - use it

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For I was hungry and you fed me,
thirsty and you gave me drink, I was
a stranger and you invited me in...

Matthew 25:35

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